



# Sign up for important updates from Mrs. Heinemann.

Get information for Lone Hill Middle School right on your phone—not on handouts.

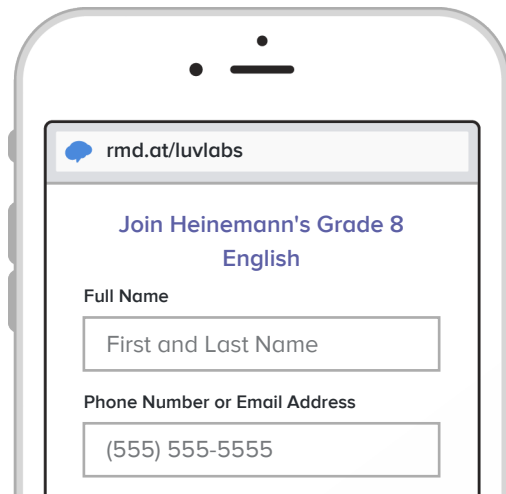
Pick a way to receive messages for Heinemann's Grade 8 English:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/luvlabs](http://rmd.at/luvlabs)

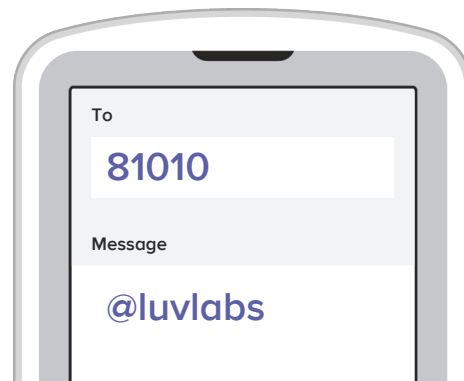
Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message [@luvlabs](https://www.remind.com) to the number 81010.

If you're having trouble with 81010, try texting [@luvlabs](https://www.remind.com) to (951) 999-4512.



Don't have a mobile phone? Go to [rmd.at/luvlabs](http://rmd.at/luvlabs) on a desktop computer to sign up for email notifications.